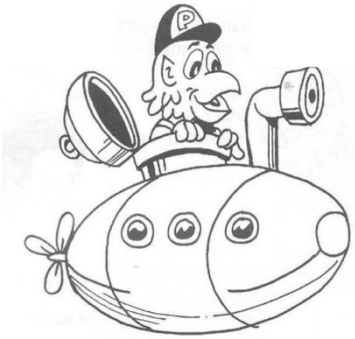
Lesson 4: Exploring Conflict



Conflicts will happen no matter how hard we try to avoid them. Instead of reacting "blindly," we can prepare ourselves to become more effective conflict managers. Football players practise, singers rehearse, scientists experiment and we, too, can prepare ourselves to deal "professionally" with conflict when it occurs. Conflicts can take place within a person (internally), between people, and within or among groups and nations.

INTERNAL CONFLICT

What are some internal conflicts that people have?

Describe an internal conflict that you have had.

CONFLICT BETWEEN PEOPLE

What are some things that children often quarrel or fight about?

What are some things that adults often quarrel or fight about?

Have you ever been in a quarrel or fight? Describe what happened and how you felt.

Why do you think that some arguments end in violence?

CONFLICT BETWEEN GROUPS OR NATIONS

What are somethings that groups quarrel or fight about?

What are some things that nations quarrel or fight about?

Why do you think that some conflicts between groups or nations are settled peacefully, while others end in violence or war?

YOUR CHALLENGES!

1. What are the main conflicts in your community?

2. Guided by your teacher, identify places on a map of the world where conflicts between nations are now happening.

As a peacemaker I learned

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