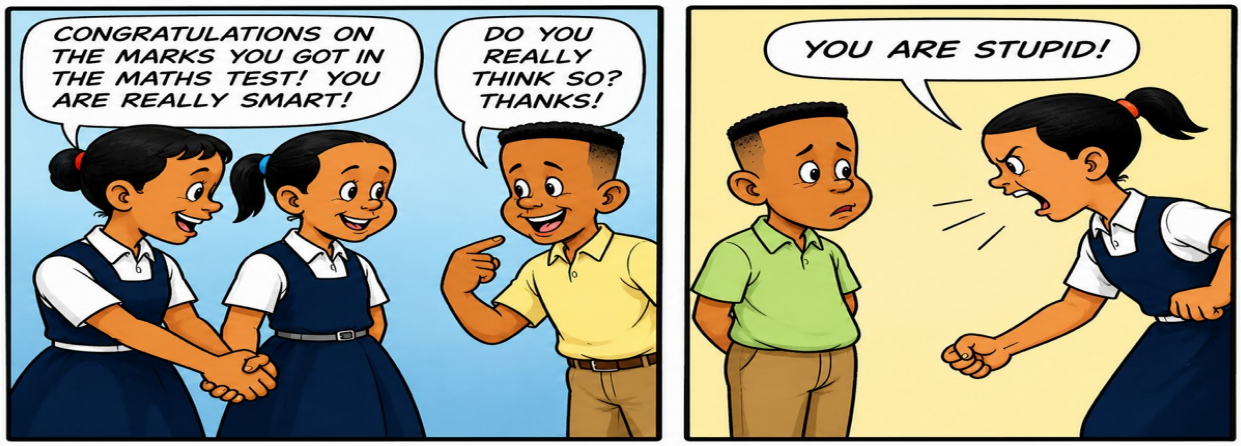
Lesson 12: Kind Words, Kind Thoughts



FATSO!
LIAR!
FOOL!

FOUR EYES!
SISSY!
COWARD!

IDIOT!
CRY, CRY, BABY!

Describe how you would feel if these words were used to you?

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_____

Do you use these words to others sometimes? What causes you to use them?

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_____

DISCUSS:

What other negative words do you use to each other or hear used to other persons? Can words harm you?

YOUR CHALLENGES!

1. Tell of a situation when someone called you a name. How did you react? What was the problem? How would you have preferred this person to have handled the situation?
2. For one day at least, practise saying only positive things at home and at school. How did your behaviour cause your friends and family to feel? How did you feel?
3. If you feel satisfied after practising positive things after one day would you wish to continue for a second and a third day perhaps?

As a peacemaker I learned

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