Lesson 10: Feelings

Some people find it difficult to express or show their feelings.

Help the people in the following situations to show their feelings.

Scenario A:

Paul is a student your age. He wants to show love and respect for his teacher on Teacher's Day. He has no money.

Suggest three things he could do.

1. _____
2. _____
3. _____

Scenario B:

Sherie's father is not well and he has been very grumpy at home, quarrelling with everyone. Advise Sherie how she could show her father that she loves him anyway.

1. _____
2. _____
3. _____

YOUR CHALLENGE!

1. Think of a situation of conflict at home or at school which could be solved if the persons involved expressed their feelings.

2. Try over a one-week period to be a peacemaker by getting those in conflict to express their feelings.

3. At the end of the week report to the class. How successful were you?

As a peacemaker I learned

_____

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