Lesson 2: Conflict and Me

In order to reduce the need for conflict, we need to talk about it, find ways for reducing the conflict or avoid it altogether.

Everyone experiences conflict. It is a part of life.

Let us see how you deal with conflict situations. In the spaces below tell how you react to each situation.

CONFLICT SITUATION	HOW I FEEL	WHAT I USUALLY DO
When someone teases me and embarrasses me...		
When my mother tells me to do something I do not want to do		
When someone hits me without provocation		
When someone puts chewing gum on my seat...		
When a student steals my pencil or money...		
When someone blames me for something I did not do...		
When someone calls my mother a rude name...		
When I have to tell on a friend...		

YOUR CHALLENGE!

Tell the class whether or not you would like to learn ways to solve conflicts and why.

As a peacemaker I learned

_____

_____

Copyright Pals Jamaica